

## Mesothelioma Resource Online

No matter the specialty, all construction work is demanding and in many cases hazardous. Often the most obvious hazards are working with the large equipment, electrical tools, or working from heights. However, many threats exist in the construction industry that are not so apparent. One of these threats includes being exposed to hazardous materials like asbestos. Most types of construction workers are at risk of coming into contact with asbestos, especially during demolition or remodeling of older buildings. Those most at risk for being exposed to this dangerous substance include electricians, insulators, pipefitters, drywall installers, plumbers and sheet metal workers. However this list is not limited by these occupations. Even flooring and roofing workers can easily be exposed to the dangers of asbestos.

Why is asbestos so bad? Asbestos causes many different diseases; one particularly bad disease is called mesothelioma. Mesothelioma is a rare and deadly cancer caused by exposure to asbestos which attacks its host's lungs with ferocity. Around 2,500 people in the United Kingdom were diagnosed with mesothelioma in 2012 and the survival rate is staggeringly low. 2,400 of those 2,500 diagnosed in 2012 died from mesothelioma. Research has shown that on average patients diagnosed with mesothelioma live between 4-11 months.

Early diagnosis of mesothelioma is vital in the prognosis and treatment options for patients due to the fact that often the cancer will come 20 to 50 years after the initial exposure to the asbestos. If mesothelioma is caught within its first and second stages treatment is available. However, if left till the later



stages the cancer has most likely spread and the prognosis is often grim. Early detection is key. If you or someone you know thinks they may have been exposed to asbestos at one point in their life it is critical to get to your doctor and let them test you for this deadly cancer.

Mesothelioma Resource Online has pulled together as a single resource everything related to asbestos to promote education and awareness for victims, their families, and the general public. The goal is to provide relevant and reliable information that can be used for general information purposes and to advocate awareness for the extreme dangers of asbestos and the horrible diseases it causes.

Mesothelioma Resource Online offers a wealth of information on all things asbestos, but also information about the types of treatment options for people suffering from mesothelioma. This includes information about the types of doctors people should look for if they believe they may have been exposed to asbestos in the past. There is also a section on the website dedicated to veterans in all branches of the military and the construction industry. Mesothelioma Resource Online keeps up to date on current events and includes a blog page which has the latest news worthy stories as well.

## **Mesothelioma Prevention**

Like most life threatening diseases, preventing exposure to the cause still remains the best option. While this is undeniably true for mesothelioma, it is a mistake for those who suffered asbestos exposure to become resigned to the notion that they will develop this disease. Although we all undergo exposure to asbestos on a daily basis, some people who experience a significant amount of exposure may never develop a disease. The website highlights some of the most successful methods of prevention including lifestyle and diet changes, the use of at home prevention checks, and work place prevention checks.

You can find further information regarding [Mesothelioma Resource Online](#) and prevention [here](#).