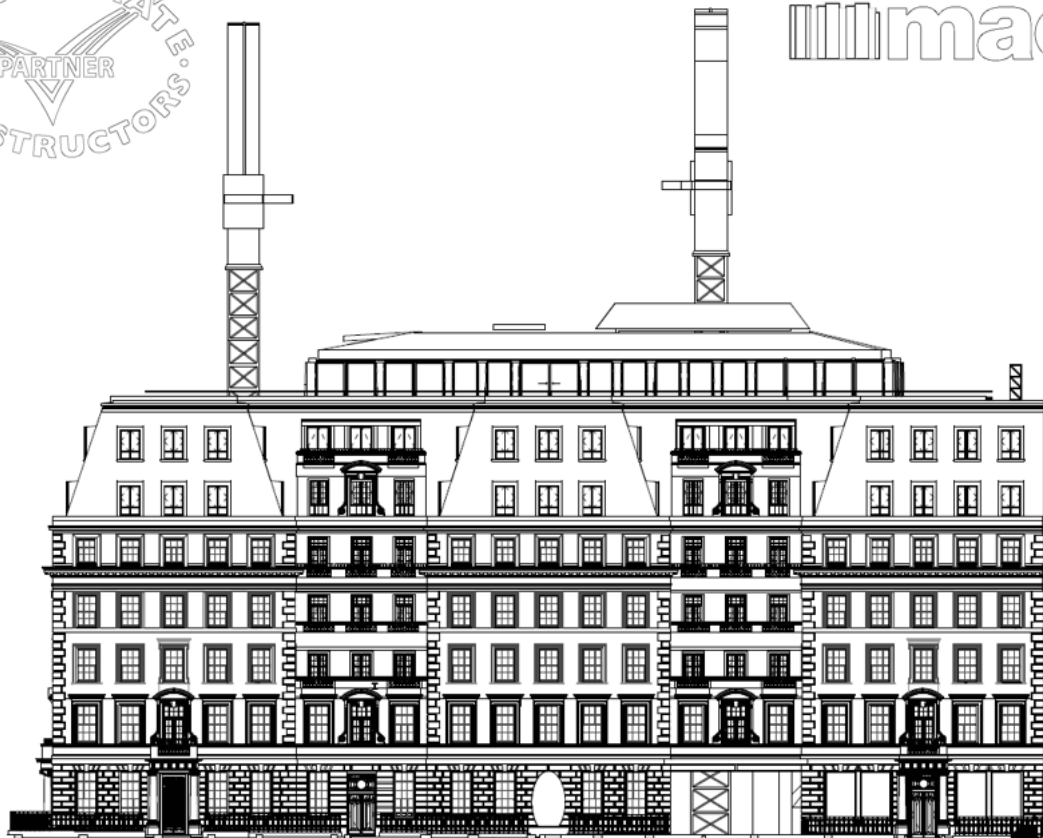
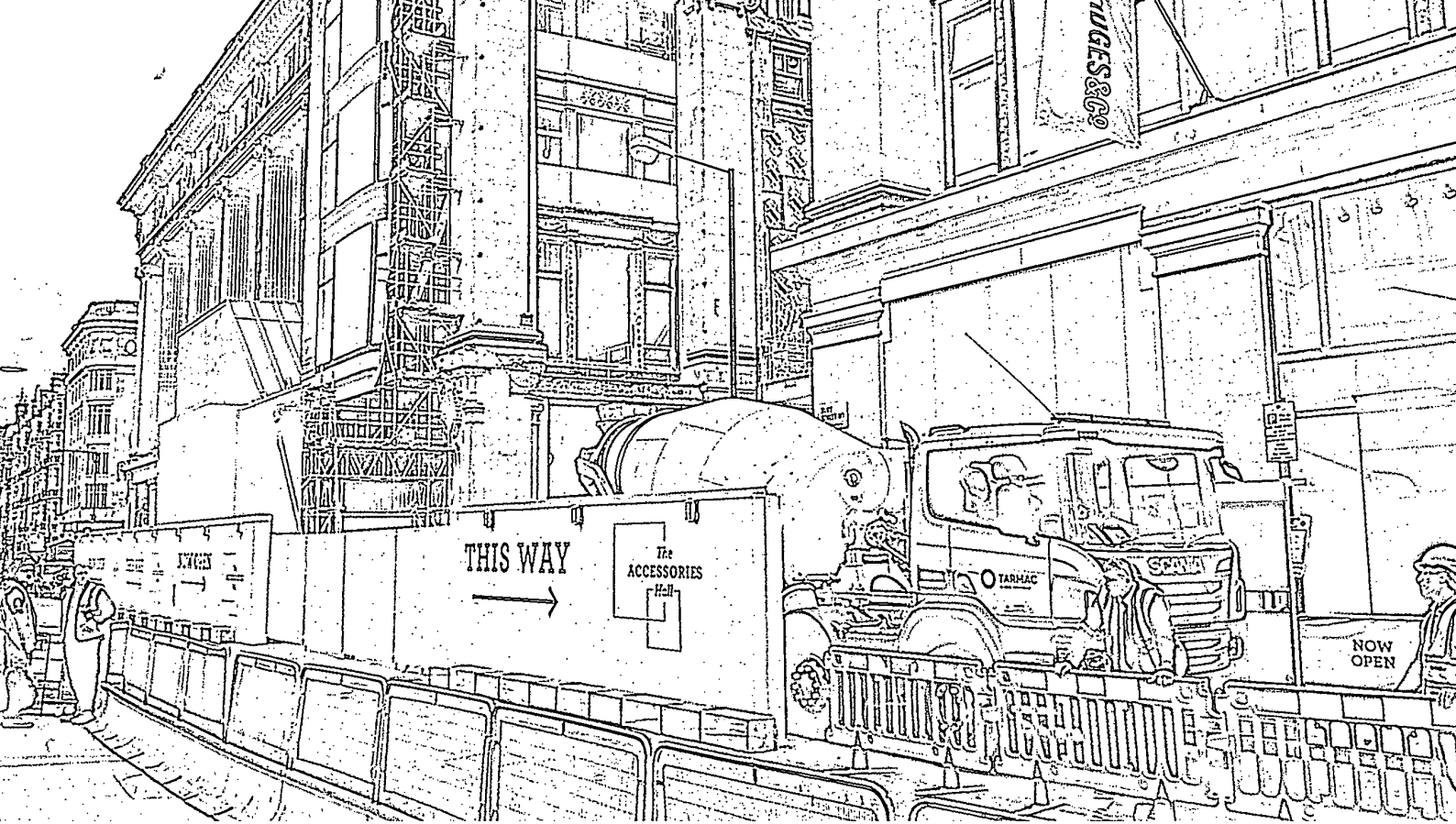




mace



No 1 Grosvenor Square



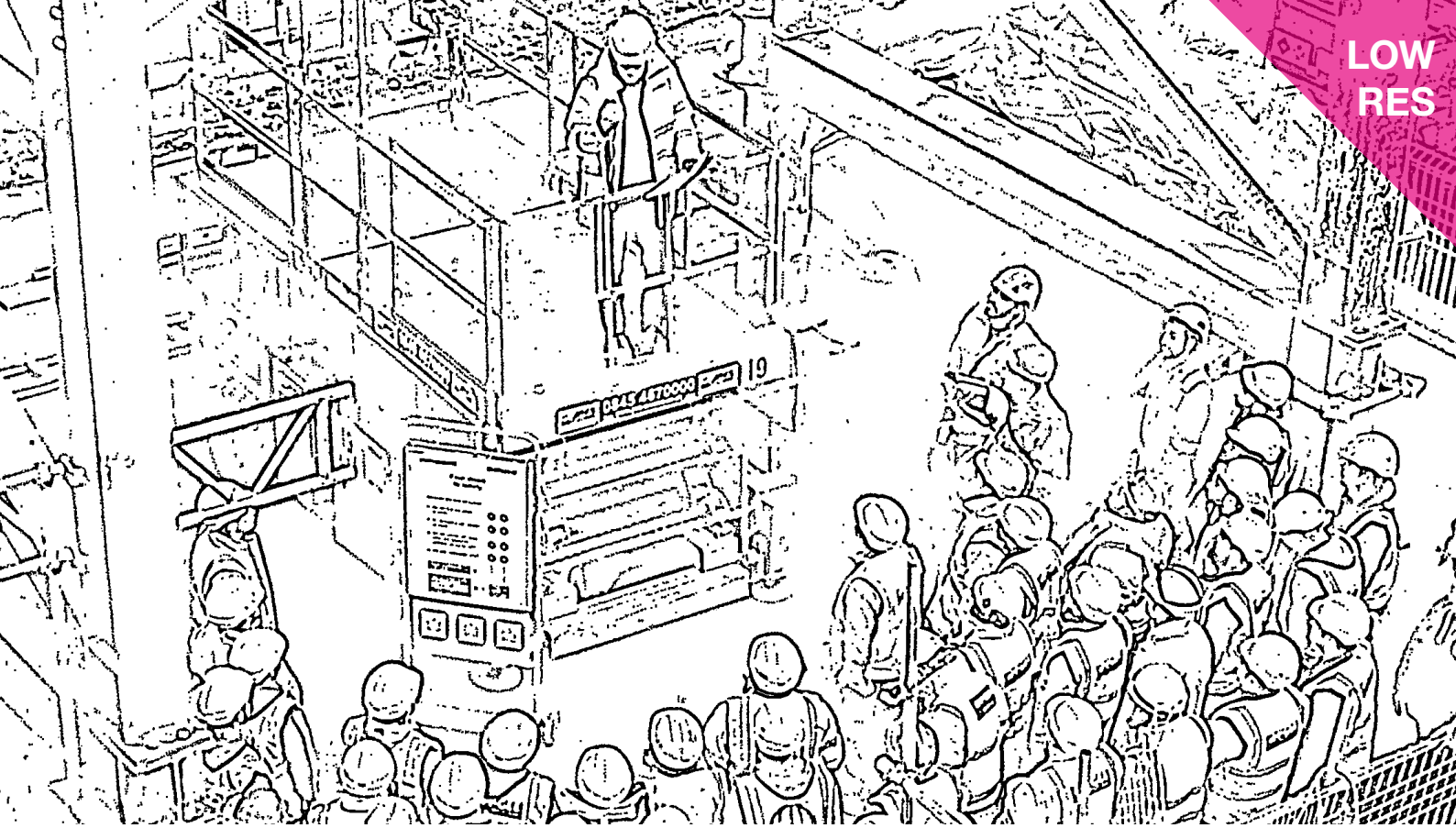
Key Dates

1st - 31st - Dry January

Dry January is an annual campaign organised by Alcohol Concern, encouraging a completely alcohol free lifestyle for a total 31 days with the aim to raise awareness of alcohol consumption and healthy living.

January 2019

M	T	W	Th	F	S	Su
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3



Key Dates

4th - World Cancer Day

This campaign promotes the research for curing as well as preventing the disease, upgrading the provided services to the patients, the sensitisation of the common opinion and the mobilisation of the global community against cancer.

7th - Time to Talk Day

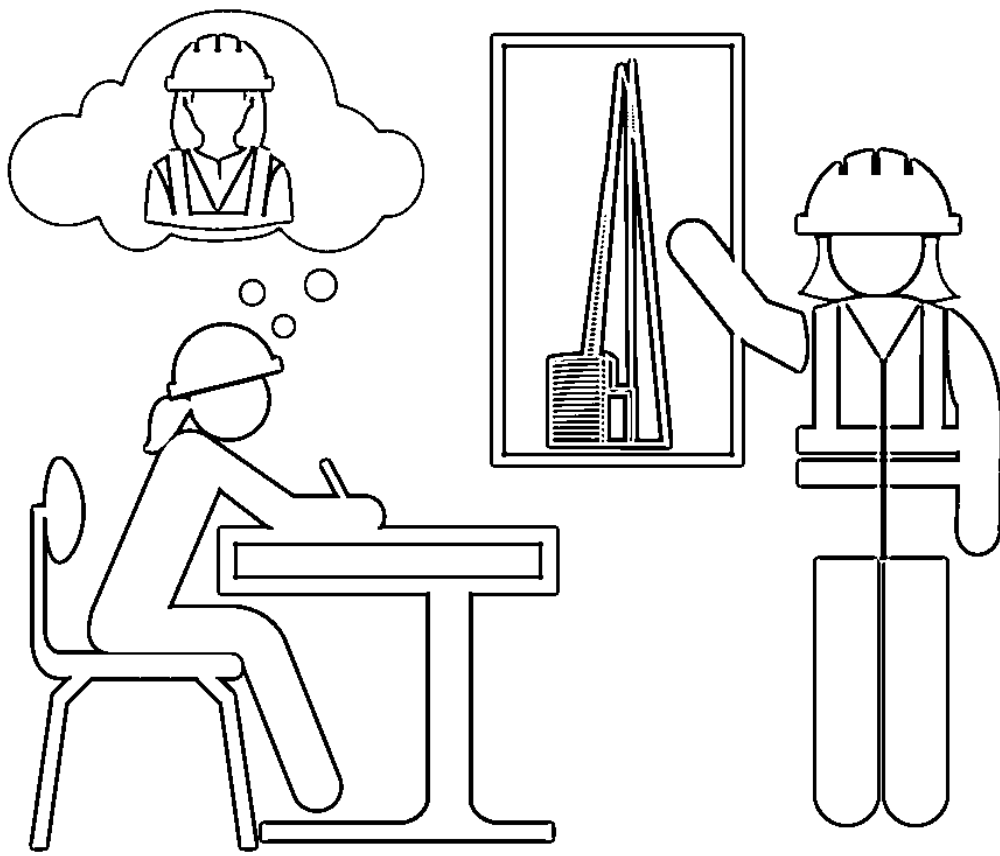
This campaign aims to stop people being too afraid to talk about their experiences because they fear it will affect their jobs or relationships.

28th - Comic Relief

Red Nose Day is a UK-wide fundraising event organised every two years by Comic Relief.

February 2019

M	T	W	Th	F	S	Su
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	1	2	3



Key Dates

1st – 31st The Sides of March

This month-long campaign is organised by CALM, encouraging men to grow sideburns to raise money and awareness of male suicide prevention.

3rd - World Wildlife Day

This campaign aims to celebrate the many beautiful and varied forms of wild fauna, flora and living creatures, and raise awareness of the need to protect and preserve them.

4th – 9th - National Careers Week

National Careers Week encourages education providers to bring together students, local employers and advisers through careers events and activities.

4th – 8th National Apprenticeship Week

National Apprenticeship Week (NAW) is co-ordinated by the National Apprenticeship Service and is designed to celebrate apprenticeships and the positive impact they have on individuals, businesses and the wider economy.

5th-7th - Ecobuild / Futurebuild

Ecobuild has been at the centre of the building industry for 12 years, establishing itself as the leading UK exhibition and conference for the sustainable construction and energy markets.

8th - International Women's Day

International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women.

18th-23rd- Open Doors

This initiative is designed to open up UK construction sites to the public, to give them a unique opportunity, to see a 'live' project, meet the people who work there and come away with a positive impression of the construction industry.

22nd - World Water Day

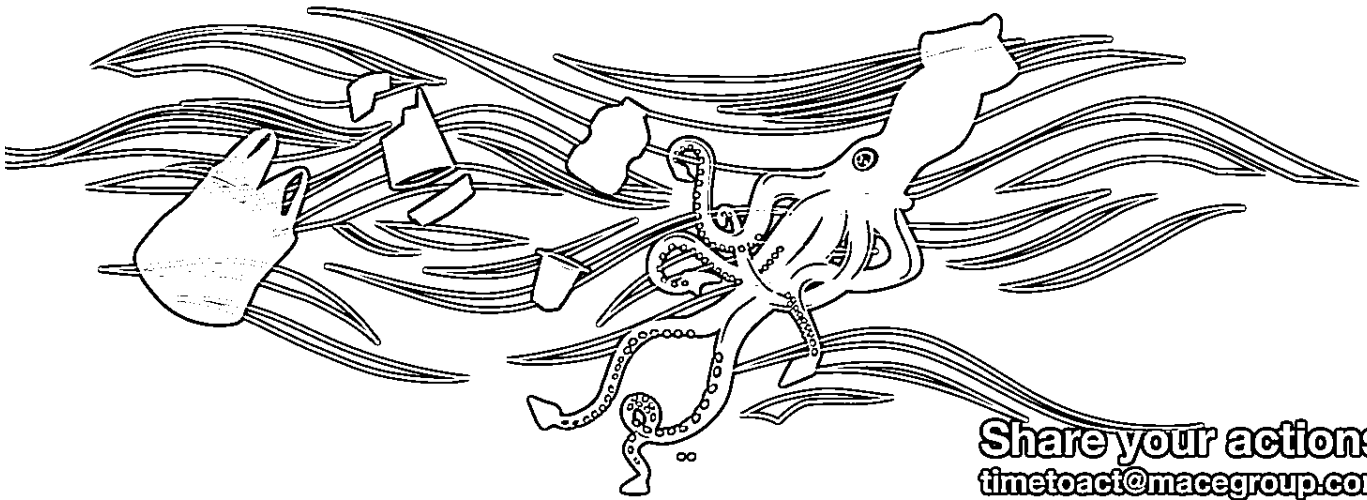
This day can help to raise awareness of water usage and make a difference for the members of the global population who suffer from water related issues.

March 2019

M	T	W	Th	F	S	Su
25	26	27	28	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

32%

of global plastic
waste ends up
in the ocean.



Share your actions
timeoact@macegroup.com

Key Dates

7th - World Health Day

World Health Day is coordinated annually by the World Health Organisation (WHO). This day focuses on raising awareness of health issues with this year mainly focusing on issues surrounding Depression.

22nd - Earth Day

Earth Day aims to broaden and diversify the environmental movement worldwide and is coordinated annually by The Earth Day Network.

28th - Workers Memorial Day

The Workers Memorial Day is intended to serve as a rallying cry to "remember the dead, but fight for the living".

April 2019

M	T	W	Th	F	S	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

Look at the construction workers below. As you can see, some things are not right. Can you see what they are? Find 9 differences between the workers and circle them on picture B.



Key Dates

6th – 12th - Deaf Awareness Week

This campaign aims to highlight the positive outcomes of being deaf aware and how involvement, not only throughout Deaf Awareness Week, but on a daily basis, can continue to improve the understanding of all types of deafness, together with the communications methods that can be used.

13th – 19th - Mental Health Awareness Week (MHAW)

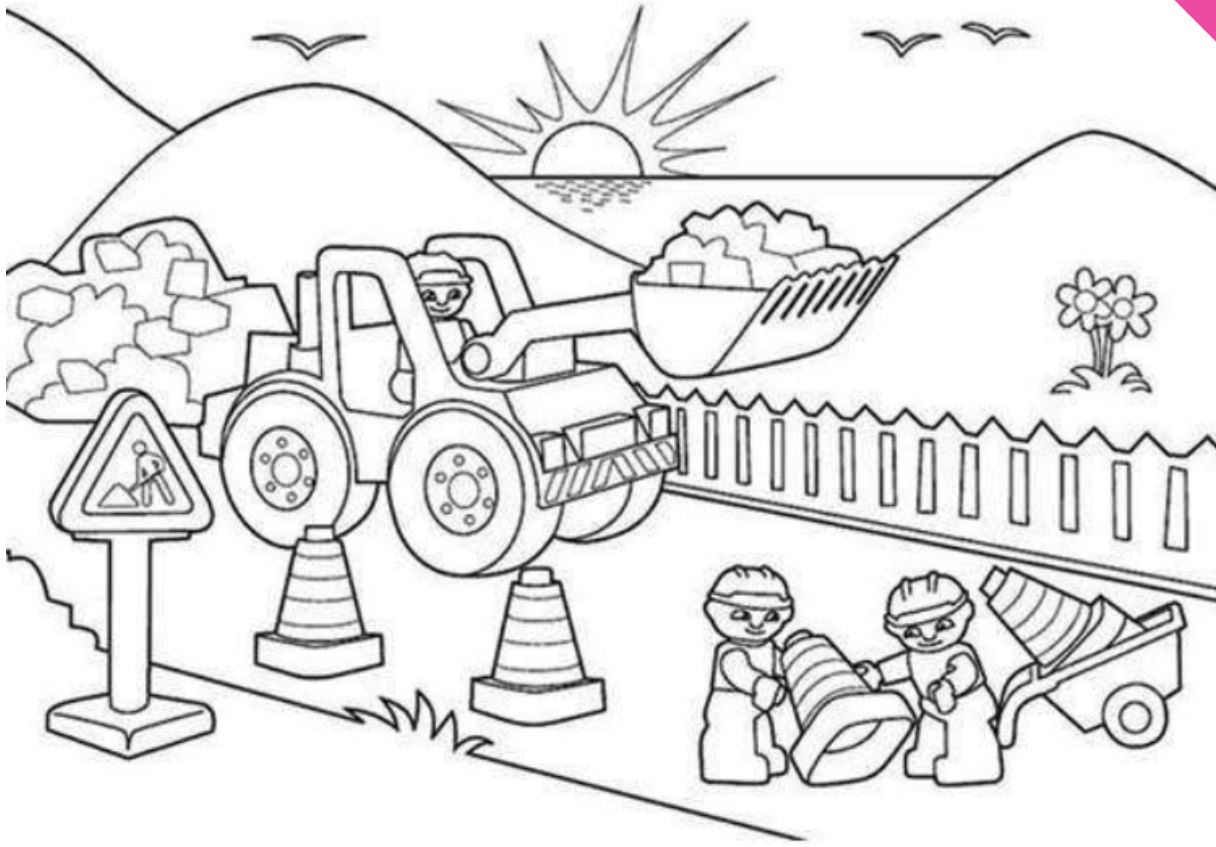
Mental Health Awareness Week helps to raise awareness of mental health and wellbeing issues.

13th – 19th - Learning at Work Week

This event run by The Campaign for Learning invites workplaces across the country to mark the importance of learning and development.

May 2019

M	T	W	Th	F	S	Su
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2



Key Dates

1st – 7th - Volunteers' Week

This week is an annual celebration of the fantastic contribution millions of volunteers make across the UK. Many use this week to support members of their workforce to volunteer in the local community.

10th – 16th - Men's Health Week

Men's Health Week 2019 focuses on the impact of inequality and deprivation on men's health. Find out more

20th - Clean Air Day

Clean Air Day encourages us all to think about air pollution and how we can improve air quality.

The campaign asks people to reduce the amount of air pollution they create, talk to others about how to improve air quality, and avoid harmful air pollution.

23rd - International Women in Engineering Day

International Women in Engineering Day is held annually to promote careers in engineering for girls and celebrate the achievements of female engineers.

June 2019

M	T	W	Th	F	S	Su
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



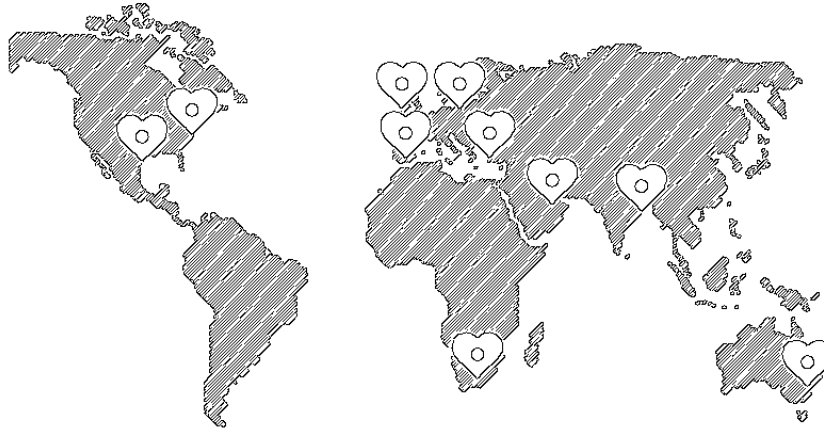
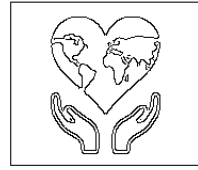
July 2019

M	T	W	Th	F	S	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4



M	T	W	Th	F	S	Su
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

HELPING PEOPLE AND COMMUNITIES DISADVANTAGED WHERE MACE HAS AN IMPACT



Key Dates

1st – 30th September

September is focused on encouraging everyone to live a healthy lifestyle and walk, cycle or swim to raise money for disabled people and their families.

5th - International Day of Charity

On this International Day of Charity, the United Nations invites everyone to commemorate the Day in an appropriate manner, by encouraging charity, including through education and public awareness-raising activities.

14th – 15th - Revolve 24 endurance cycling event

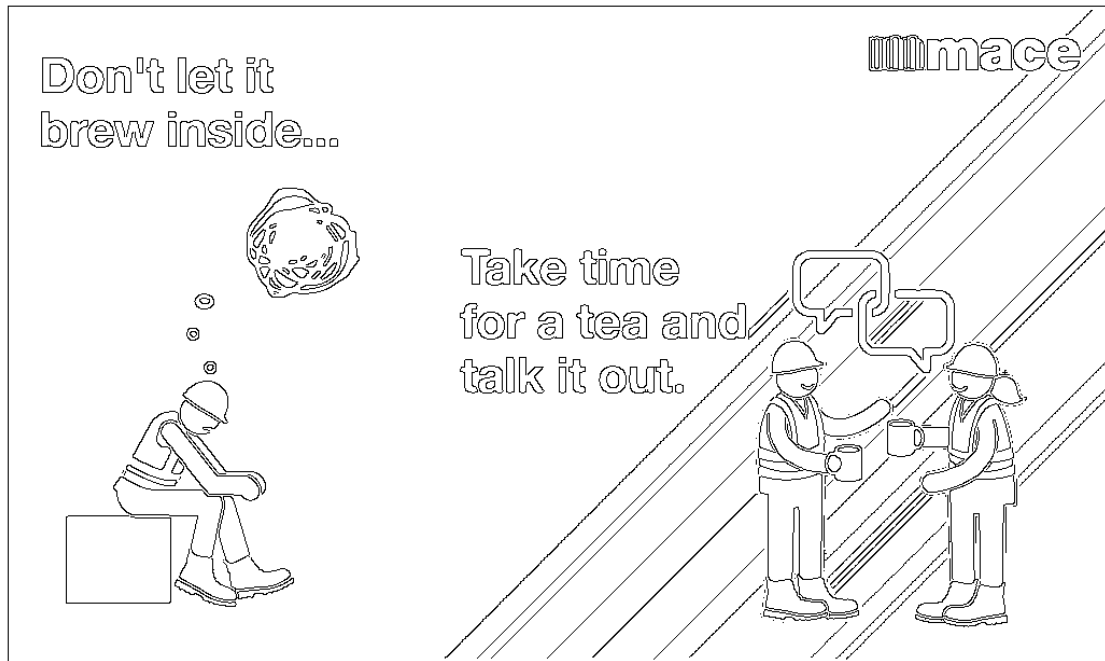
Revolve24 is a cycling endurance event held at Brands Hatch Motor Circuit on a car-free weekend, which this year is the 15-16 September 2018. It is safe cycling on closed roads and is an excellent opportunity for the cycling and construction community to come together.

29th - World Heart Day

World Heart Day is coordinated annually by the World Heart Foundation. This day focuses on creating healthy heart environments. By ensuring that everyone has the chance to make healthy heart choices wherever they live, work and play, World Heart Day encourages us all to reduce our cardiovascular risk, and promotes a heart-healthy planet for those around us.

September 2019

M	T	W	Th	F	S	Su
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6



#TeaandTalk
for World Mental Health Day

10 October

Key Dates

1st – 31st - Breast Cancer Awareness Month

This campaign focuses on highlighting the importance of breast cancer awareness, education and research.

1st – 31st - Stoptober

This campaign takes place every October. A stop smoking 28 day challenge, which if you participate, you are five times more likely to stay smokefree for good.

8th – 10th - UK Construction Week

UK Construction Week brings together all stakeholders within the built environment across every facet of design, build and product innovation and is dedicated to knowledge sharing, championing good practice and problem solving.

10th - World Mental Health Day

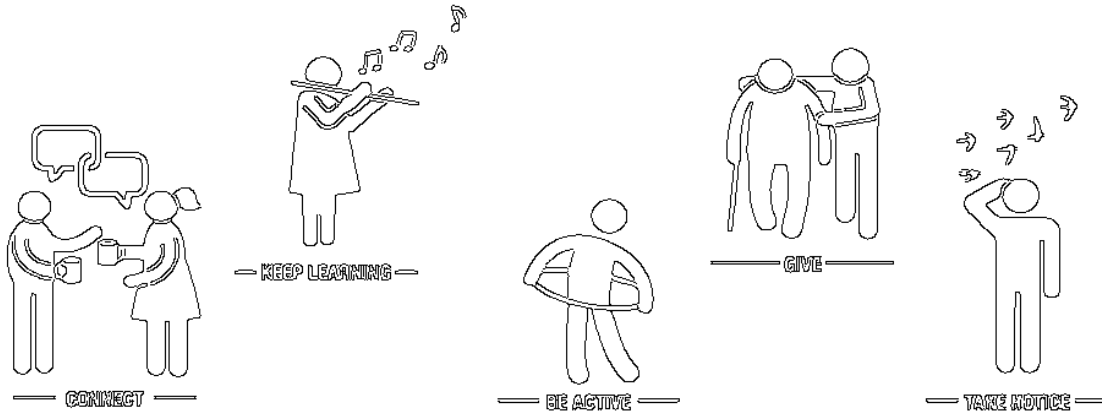
The annual event promotes mental health education, awareness and advocacy. This year's event will be focusing on mental health in the workplace.

October 2019

M	T	W	Th	F	S	Su
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

WELLBEING

WEEK



Key Dates

1st – 30th - Movember

Movember is the No.1 leading global organisation committed to changing the face of men's health.

November 2019

M	T	W	Th	F	S	Su
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

MERRY CHRISTMAS FROM

mace



Key Dates

25th – Christmas Day

Santa Clause pays a visit to all the boys and girls who have been good this year.

December 2019

M	T	W	Th	F	S	Su
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5